

# Northern, Rural, and Remote Health 2017 Preliminary Scientific Program



All activities will take place at Lawrence O'Brien Arts Centre and Mealy Mountain Collegiate, unless noted. Concurrent sessions include oral presentations, panels, and workshops. The schedule is preliminary and subject to change. A complete list of presenters, authors, and abstracts will be available in the final conference program prior to the event.

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## FRIDAY, October 6th, 2017

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### PRE-CONFERENCE

9:00am-12:00pm	Workshop	Pre-Conference Workshop: Leading Resuscitation by Telehealth - Dr. Michael Jong - LGH Conference Rooms A & B
3:00pm-4:00pm	Plenary	PRE-CONFERENCE PLENARY: Advancing Rural Family Medicine/Roadmap process - Dr. Francine Lemire, College of Family Physicians of Canada
4:15pm-5:15pm		PRE-CONFERENCE PLENARY: Team-based Generalist Primary Care and Indigenous Health – Dr. Laurent Marcoux, Canadian Medical Association

### CONFERENCE PROGRAM BEGINS at 7:30pm

7:00pm-9:30pm	Registration & Information Desk open
7:30pm-8:30pm	Meet & Greet Reception
8:30pm-10:00pm	Opening Ceremonies & Movember project documentary, A Pathway to Mental Wellness in Arviat - a Community-Led Land-Based Project  Guest speakers: TBA Innu Nation. TBA Nunatsiavut Government, Hon. Yvonne Jones  Opening Remarks by Hon. Lisa Dempster Minister of Children, Seniors and Social Development, Government of Newfoundland and Labrador

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## SATURDAY, October 7th, 2017

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8:30am-9:30am	OPENING	Hon. Dr. John Haggie, Minister of Health and Community Services NL
9:30am-10:30am	KEYNOTE	Toward Health Equity for Inuit - Natan Obed, President, Inuit Tapiriit Kanatami
11:00am-12:00pm	CONCURRENT SESSIONS 1 (Saturday AM)	
	Nunavut Suicide Prevention Strategy Long-Term Action Plan (2017-2022) (Masson and Hachey)	

- 1A Learning from Our Roots: Evaluating the Outpost Program using Innu Mental Wellness Indicators (Hill & Ward)
- Integrating suicide prevention into primary care for young Indigenous men (Willis)
- Enhancing public health surveillance for suicide prevention in the Circumpolar North (Pollock et al.)
- “It’s six thousand kilometres from Ottawa to Mayo”: The impact of current federal health program funding models in Yukon First Nations communities (Galloway et al.)
- Inuusuktut Qaujisarnilirijut: Inuit Youth Seeking to Gain Knowledge (Nochasak et al.)
- 1B Building Reconciliation into Policy in a Social Services Organization (Denning et al.)
- Contextualizing Health Services Research for Policy Makers in Rural and Northern Locations (Bornstein et al.)
- Determinants of rural and small urban obstetrical outcomes in Canada (Aubrey-Bassler et al.)
- Group Medical Appointments for Innu Patients with Well Controlled Diabetes (Karaivanov et al.)
- 1C Highlight from the First Nations, Inuit and Métis Continuity of Care Initiative: Journey in the Big Land: Enhancing Cancer Services in Labrador (Tobin & Buckle)
- Patient Oriented Research: Help us make it work in Northern, Rural and Remote areas (Barrett et al.)
- 1D WORKSHOP: A Clash of Cultures: Indigenous vs. Western World Views on Health and Wellness (Solanto & Flowers) (NOTE: This session is 90 minutes, ending at 12:30pm)

1:00pm-  
2:30pm

PLENARY

Innu care approach: What the Innu are doing different under social welfare - Jack Penashue, Director, Social Health Department, Sheshatshiu Innu First Nation

The use of Remote Presence Robotic Technology to provide access to primary and specialized health care in remote locations - Dr. Ivar Mendez, Professor, University of Saskatchewan

3:00pm-  
4:00pm

CONCURRENT SESSIONS 2 (Saturday PM)

- 2A The use of strengths-based resources to cope with historical trauma and losses in two First Nations (Bernard et al.)
- Cook & Learn for Food Sovereignty: A Prison Garden and Tsilhqot’in Community Wellness Partnership (Timler et al.)
- Healing on Both Sides: Fostering Indigenous Wellness through a Prison-Community Partnership (Brow et al.)
- Inuit Conceptions of Rehabilitation: An approach to developing a Wellness Court in Nunavut (Ferrazzi et al.)
- 2B Building Capacity for Indigenous Health Research in the North through Mentorship: The Atlantic Indigenous Mentorship Network (Martin et al.)
- Research Ethics Review in NunatuKavut: Engagement, Expectations, and Evolution (Hudson and Bull)
- Fostering the conduct of ethical and equitable research practices: the imperative for integrated knowledge translation in research conducted by and with First Nations, Inuit and Métis community members (Jull et al.)

Are we working on the research or the relationship? (Jones et al.)

Perspectives of Primary Care Providers on medevac transfer in Northwest Territories and Nunavut (Healey et al.)

Physician Experiences Using Emergency Telemedicine in NL (R. Jong et al.)

2C

Emergency care and medical evacuations in Nunatsiavut: A population-based study (Wilson et al.)

Medical travel in Nunavut and the Northwest Territories: The “glue” that binds the health system in remote regions (Young et al.)

2D

WORKSHOP: Generalism: A Key Competency for Northern, Rural and Remote Health Professionals (Strasser)

2E

PANEL: Inuit Experiences First: An Inuit-centric perspective of remoteness (McDonnell et al.)

4:00pm-  
5:00pm

### CONCURRENT SESSIONS 3 (Saturday PM)

Toward Family Well-Being: Family Connections (Family Visitor) Program in Nunatsiavut (Kinney)

Knowing who you are is good medicine: Sheshatshiu Innu narratives of identity (Hill & Ward)

3A

Extracting Wellness: Offshore Oil Work, Spiritual Wellness, and Employer-Provided Resources (Webber and Gustafson)

3B

WORKSHOP: Wellbeing in Times of Change – The Role of Community Based Research (Levac et al)

3C

WORKSHOP: Improving Prevention and Screening of Cancer and Chronic Disease in Primary Care: the BETTER approach (Aubrey-Bassler)

3D

PANEL: Climate change and health: Inuit-led adaptation in Nunatsiavut (Cunsolo et al.)

3E

PANEL: Learnings from the Movember Circumpolar Mental Wellness Project (Jong and Healey)

5:00pm-  
6:00pm

### Canadian Society for Circumpolar Health Annual General Meeting (Location TBD)

7:00pm-  
9:00pm

Reception & theatre performance

7:45pm-  
8:00pm

Todd Russell, President, NunatuKavut Community Council

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## SUNDAY, October 8th, 2017

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7:00am-  
12:45pm

Trapline Marathon (42.2k, 21.1k, 10k, & 3k Community Walk) & Festivities

2:00pm-  
2:30pm

Opening

Dr. Margaret Steele, Dean, Faculty of Medicine, Memorial University

2:30pm-  
3:30pm

#### CONCURRENT SESSIONS 4 (Sunday PM)

Upstream Medicine - Seeing the social stories in every clinical story, in circumpolar context (Bresnahan et al.)

Suicide Risk Management Protocol (Groves et al.)

4A

Collisions of Ideology: Psychotherapeutic Approaches to the Treatment of Social Issues in Rural Inuit Communities (Rutko)

Suicide and suicidality prevention across the public health system (Willis)

Te(a)ch: Teaching coding for youth empowerment and wellness in Nunavut (Tabish and Oliver)

“The Coldest Print on Earth”: The Applications of 3-Dimensional Printing for Rural and Remote Health Innovation (Ryan et al.)

4B

Tele-neurology in Greenland (TBD)

Developing an Inuit-led Community Health and Environment Monitoring System using Mobile Mesh Networks in Rigolet, Nunatsiavut (Gillis et al.)

4C

WORKSHOP: Acting locally to address a national problem: A participatory action approach to addressing First Nations boys and men’s mental health (George et al.)

4E

PANEL: Indigenous Medicine Access for Patients in NWT Medical Centres (Marianayagam et al.)

4F

WORKSHOP: Where’s the REB GPS? Navigating research ethics for research involving Indigenous Peoples (Bull)

4G

PANEL: Medical Education in Rural/Remote Practice: The Key to Recruitment and Retention (Macdonald et al)

4:00pm-  
5:00pm

#### CONCURRENT SESSIONS 5 (Sunday PM)

Community-Level Census Data and the Pulse of the Population (Mills)

Cancer mortality in Yukon 1999-2013: Elevated mortality rates and a unique cancer profile (Simkin)

5A

The North is not all the same: Comparing health system performance in 13 northern regions in Canada (Young)

Developing values-based environment and health metrics that matter with Inuit in Rigolet, Nunatsiavut, Labrador (Sawatzky)

Fishhook Injury in Eastern Newfoundland: A Retrospective Review (Patey)

Telemedicine in Greenland (Bordbar et.)

5B

Emergency Response Preparedness: A Necessity for Nunavut (Patterson & McKee)

Community-based Exploration of Drones for SAR and Hazard Identification (Clark & Tabish)

Profiling strengths and resilience: A qualitative analysis of narratives from First Nations men and women with lived experiences of mental health and substance use challenges (Morton-Ninomiya et al.)

5C Timiga, Ikumajuq: Reimagining Sexual Health Programming for Inuit Youth Through the Arts (Sallaffie)

Language and identity in an Indigenous teacher education program (Moore)

5D PANEL: Structures Last Longer than Intentions: Creation of the Ongomiizwin Indigenous Institute of Health and Healing at the University of Manitoba (Anderson et al)

5E WORKSHOP: How 18 Rural Doctors Became Researchers: Their Journey and Advancing Yours (Heeley et al)

## MONDAY, October 9th, 2017

8:30am-  
9:00am

Opening Remarks

9:00am-  
9:45am

PLENARY

Go To Where Men Are - Craig Martin, Global Director, Mental Health and Suicide Prevention, Movember Foundation

9:45am-  
10:30am

When two worlds collide: 'Doing the right thing' for Indigenous Peoples' Health - Julie Bull, Centre for Addiction and Mental Health

11:00am-  
12:00pm

### CONCURRENT SESSIONS 6 (Monday AM)

Healthy aging in a Circumpolar context: considerations for municipal and public health planning (Andersen et al.)

6A

Discovering Nutshimit: The Value of an Innu Traditional Lifestyle in Diabetes Management (Curran et al.)

Improving Active Transportation in Happy Valley-Goose Bay (Noseworthy & Winters)

Building Coalitions with Rural and Northern Communities in Support of Better Healthcare for All (Tucker et al.)

6B

WORKSHOP: Transgender Health Training for Rural and Remote Communities (Roundtree-James & Whetter)

6C

WORKSHOP: Intergenerational Trauma and Community Healing (Flowers & Solanto) **(NOTE: This session is 90 minutes, ending at 12:30pm)**

6D

WORKSHOP: Building on Strengths in Naujaat: The process of engaging Inuit youth in becoming visionaries (Bronson et al)

6E

WORKSHOP: Themes of a Rural GP's Trade (Patey)

1:00pm-  
2:00pm

### CONCURRENT SESSIONS 7 (Monday PM)

Indigenous health exchange program (Smith-Windsor)

- 7A NUNAFAM: An Enhanced Model for Rural and Remote Family Medicine Training in Nunavut (O'Keefe et al.)  
 Kisi m'pilutesnen sapo'nuk/Kauauitshiashut nantem kamamueitunanut/Paitsijitsavut ilinniajuut: A Health Care Profession Camp for Indigenous Youth (Sturge-Sparks et al.)  
 Share, Connect, Voice & Educate: The mission of the newly created Rural, Remote & Northern Public Health Network of Public Health physicians in Canada (Sarbu et al.)
- 7B PANEL: A Diversity of Perspectives on Programs for a Youth Audience in Nunavut (Sallaffie et al)

7C WORKSHOP: Slip Lamp & Tonometry (Scrivens and Benton)

7D PANEL: On the Road: The Lived Experiences of Rural Physicians Becoming Health Researchers (Heeley et al)

7E WORKSHOP: Pediatric Emergency Management Simulation & Skills (Shah) **(NOTE: This sessions is 90 minutes, with a 12:30pm start time)**

2:00pm-  
3:00pm

**CLOSING** Concluding Remarks - Highlights of Lessons Learned and Closing Ceremonies

## POSTER SESSION 1 (Saturday, October 7th, 2017)

- Wong et al. Outcomes for expectant mothers with threatened preterm labour in Nunatsiavut
- Day et al. Reconciling how we live with water: The use of collaborative podcasting to explore and share diverse First Nations, Inuit, and Métis perspectives
- Alexander and McKee 'Post-Op' Canada 150: A Decolonizing Framework for Health Professionals
- Lesparance et al. Counterstrike: Does Resilience Counteract Burnout and Attrition from Generalist Practice among Family Physicians in Rural Canada?
- Carter and Simms Creation, re-organization and management of the Labrador-Grenfell Health Familial Cancer Screening Program
- Elman et al. Current mental health services implemented in the Northwest Territories: A preliminary scoping review
- Simkin et al. Differences in colorectal cancer screening rates across income strata by rural and urban status: Results from the Canadian Community Health Survey (2013/2014).
- Ballinger and Greyer Evidence-Based Health Human Resources Planning in Canada's Territories and Northern Regions
- Woollam et al. Exploring community and patient perspectives on tuberculosis care in Nunatsiavut
- Sampson et al. Implementation of Post Discharge Calls for Labrador-Grenfell Health (L-GH).
- Sampson et al. Labrador-Grenfell Health Collaborative Care Practice for Diabetes Management
- Sallaffie Makimautiksat Youth Wellness and Empowerment Camp: An Evidence-based Model for Promoting Community Well-being, Culture, and Resilience

- Rourke et al. Pathways to Rural and Remote Practice
- Verma and Jong Prevalence of Diabetes in Mushuau Innu First Nation in Natuashish
- Young and Traverso-Yepez Promoting Emotional Well-Being of Indigenous Mothers: Looking for Indigenous Partners to Develop an Emotional Health Initiative
- Ibrahim and Osomo Overview of time-out process & antimicrobial use in Labrador-Grenfell Health
- Baxi Suicide prevention strategies for Canadian First Nations Youth: Results of Environmental Scan
- Colbourne & Cuning Teaching and Learning in Nursing Education: Teaching Indigenous Health to Senior Level Baccalaureate Nursing Students
- O'Brien and Penney The Labrador-Grenfell Health FASD Interdisciplinary Diagnostic Clinic: A community-based model
- Frank The Phenomenology of Indigenous Suicide: A Family Case Study Using a Talking Circle Approach
- Gill Mental Health benefits of year-round hydroponic horticultural therapy in Nunatsiavut communities
- Della Smirra et al. Implementation of a Wellness Café Pilot Project in Central Labrador

## POSTER SESSION 2 (Monday, October 9th, 2017)

- Van Soeren et al. Care of Underserved Populations Enhanced Skills Program: Indigenous Health
- Samms-Hurley Collaborative Curriculum Revision in the Bachelor of Nursing Program
- Buckle et al. Completing the circle: Tuberculosis follow-up care in Nunatsiavut
- Everett et al. A case study in Northern governance: Local and regional decision-making in the health care system in Northern Ontario
- MacDonald and MacDonald Assessment of Health Promotion Needs and Cultural and Traditional Practices of Qalipu First Nation (QFN) Members
- Osmond et al. Assessment of Health Promotion Needs and Cultural and Traditional Practices of Qalipu First Nation (QFN) Members
- Noseworthy Development of the Labrador Wellness Centre
- Lamba et al. Emergency Ophthalmic Referrals in Rural Communities and the Development of a Novel Ocular Triage Algorithm
- Smith and Tucker Guidance on the Road to Reconciliation: In Support of Indigenous Health
- Cermack Integrated safety monitoring in occupational environments

- Furgal et al. Inuit food security in Nunatsiavut: the community-specific nature of a widespread public health issue
- Rixon and Sampson Labrador-Grenfell Health Model of Nursing Clinical Practice
- Jong Managing diabetes in a remote community by telehealth - a feasibility study
- Ferrazzi et al. Reciprocal Inuit/Graduate Student Research Training in the Canadian Arctic
- Schafenacker Sharing the Self: Applications of Devised Theatre and Narrative Practice in Health and Wellness Initiatives
- Sampson et al. Standardization of Nursing Wound Care Practices Throughout all Sectors of Care
- Kauppi et al. Students as Future Healers in Addressing Health Challenges of Homeless People in the North: Creating a Student-Directed Interprofessional Clinic
- Masina et al. Surface water quality in Iqaluit, Nunavut
- Bélanger & Minor-Corriveau Telesupervision of clinical placements as a recruitment method in circumpolar health services
- Noseworthy and Griffin Town of Happy Valley-Goose Bay Research Policy
- Smith et al. Home Dialysis: A Viable Option in Rural and Remote Settings?
- Ibrahim & Keefe Tuberculosis (TB) Care, Management and Prevention Strategies